

KOESTLER ARTS + ART AID

Hello from all of us at Koestler Arts!

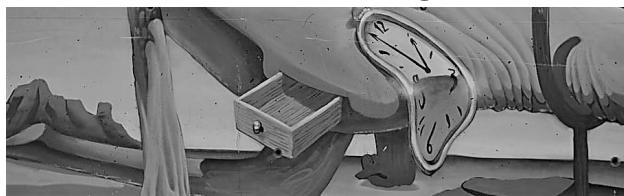
We are all living in strange times with the current pandemic. And we know it's very frustrating not being able to access your usual activities. So Koestler Arts are here each week during lockdown to suggest creative ideas - we hope it helps a bit. All you need is paper and pencil - though if you have further materials please use them.

You might want to keep whatever you make or share it with someone. You could also enter it for the Koestler Awards 2020 - **the deadline has been extended until Tuesday 07 July**. If you can, please send your work sooner to give us more time to process your entries. We've increased the maximum number of entries per person to 10 this year. Entry forms should arrive with this sheet. If not, or if you need more, please ask Education. You need an entry form for any artwork you send to Koestler. As well as the usual feedback and awards for entrants, we hope to create a small feature of works that mark how we got through this difficult time.

And if you don't feel like making anything right now, on the back of this sheet is something to read and something to look at from the Koestler back catalogue.

With best wishes from the Koestler Team.

Idea #15: Active Imagination



'Free association' means to use whatever comes to mind, without editing it, as a method of creativity. It's a bit like making a collage of your thoughts. Painters, writers and jazz musicians especially have used this method of working.

For this task, allow images or words to unfold spontaneously without judgement, control, or intention for specific outcomes.

Observe your thoughts and let them guide you. The images you draw or the sentences you write may not make sense. Go with it, and allow your subconscious to flow through you as you let go of your usual way of logical thinking.

Your outcome is likely to be surreal and dreamlike. It may seem disconnected and silly, or it may offer the viewer a window into your mind.

SUGGESTED KOESTLER CATEGORY: 1 - Themed Category: Window / 3 - Flash Fiction and Short Story / 8 - Poem / 29 - Drawing

Idea #16: Not so Still Life



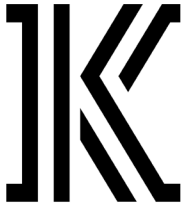
This is a memory and quick drawing challenge set by a painter called Hurvin Anderson via a past Koestler exhibition venue, Firstsite, Colchester.

Get your drawing materials ready, turn on the TV and choose a programme that interests you. As you watch, keep an eye out for an image which stands out. Capture the image in your mind and sketch it as quickly as you can from memory.

Repeat with other images and see how much you remember. Do the images tell a story? Is it the same story as the TV programme or has the narrative changed? You could use your drawings as stand-alone pieces or you could develop them into a graphic novel.

If you do not have access to a TV, try illustrating something you read instead.

SUGGESTED KOESTLER CATEGORY: 29 - Drawing / 35 - Graphic Novel
Issue #10 Page 1



The Sun Did Not Rise

HMP Prison Ashfield

Lorraine Holden Memorial Platinum Award for Poem, 2017

The Sun did not rise this morning and I waited for hours.
A clear blue haze stretched from horizon to horizon,
the air remained cold, frost did not melt.
By midday I gave up and went home.

The news said the Sun had not been seen since yesterday.
Nobody knew what to do.
So they sent out search parties.
Evening came; it did not feel so strange,
but I went to bed early anyway.
Sunshine can not abandon you at night.

I went back to the same hill in the morning,
there were loads of people waiting.
It was very quiet, electric, filled with gnawing anticipation.
Everyone stared wide eyed at each other; hoping, expecting.
Birds flew down and sat on our shoulders, watching us!
As if we knew what to do!
Rabbits and squirrels and foxes stood next to us,
as we all emptied hope towards the dim haze on the horizon.
And then the rains fell like tears from heaven,
washing our hopes away.

A stranger turned to me and whispered,
'If our hearts are warm, will that not do?'
I thought for a moment and replied,
'Perhaps we just need to stand closer together.'



Man's Best Friend (Lucky)

HM Prison Dovegate

Sarah Lucas Platinum Award for Sculpture, 2014

KOESTLER AWARDS ENTRY FORM

Send a completed form with each entry.
Maximum 10 entries per entrant (previously 5).
2020 closing date: Tuesday 7 July.

ENTRY

Is this the first time you have entered the Awards?

Yes No

Establishment: (Name of prison, hospital or probation service)

Title of entry:

Artform: (Choose one artform from the 2020 Awards Guidance)

Visual description of entry:

Using your name: (Authorised staff must agree)

If my entry is exhibited or published, I give permission
for my first name to appear alongside it. Yes No

Sales of visual artwork: (Tick one choice only)

My entry is for sale. The lowest amount I'd be
willing to receive is £ (maximum £250)

My entry is not for sale.

I donate my entry to Koestler Arts.

ENTRANT (For groups – see the next page)

First name of entrant:

Last name of entrant:

Date of birth:

Prison or hospital number:

Signature of entrant:

For Koestler Arts staff

K. No.

Artform

Supp. docs

No. of items

AUTHORISED MEMBER OF STAFF

Full name:

Job title:

Department:

Telephone number:

Email:

Probation area: (For CRCs only)

Can the entrant's first name be made public?

Yes No

Can the entry be sold? (Visual arts only)

Yes No

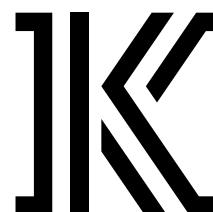
Who should any cheques be payable to?

I confirm that this entry is the entrant's
own original work.

Signature of staff: (Entries can't be accepted without staff sign-off)

Date:

Turn for page 2 →



Unlock the talent inside

GROUP ENTRIES ONLY — TELL US ABOUT YOUR GROUP

Name of group:

Number of people excl. staff:



First name: Last name: Date of birth: Prison or hospital number: Release date if in 2020, and home address:

Continue on a separate sheet if needed. If there are over 4 people in the group cheques will not be split.

ENTRANTS WHO ARE IN THE COMMUNITY OR DUE FOR RELEASE IN 2020

Please notify us if these details change

Date of release:

Home address:

Postcode:

Telephone number:

Email:

ASSOCIATES PROGRAMME

Associates benefit from more contact with us, through the Koestler Associates newsletter.

I would like to be part of the Associates Programme.

REMINDERS

Entrants agree to the terms and conditions in the 2020 Awards Guidance. These are available on our website, from your establishment, or you can write to us to request a copy.

- ✓ Information submitted on this form will be held on the Koestler Arts secure and confidential database.
- ✓ All work is handled with care, but Koestler Arts and its agents accept no liability for loss or damage to entries.
- ✓ Pack your work carefully. It must be under 15kg.
- ✓ Koestler Arts and its agents can exhibit, publish, and reproduce artworks in reasonable ways in print, online, film, audio etc to promote the charity's work. Artists retain copyright of their work.
- ✓ Koestler Arts can try to sell visual entries, if we have both your permission and that of the 'authorised member of staff'. Most work sells for under £100.
- ✓ Non-visual entries will not be returned to you. These include writing, performance, audio, film and animation entries – so please make copies.

MONITORING FOR DIVERSITY OPTIONAL

This anonymised data will not be used to judge your work. It is for research and monitoring purposes only.

Ethnic group

Asian/Asian British:
Bangladeshi
Asian/Asian British: Indian
Asian/Asian British: Pakistani
Any other Asian background
Black/Black British: African
Black/Black British: Caribbean
Any other Black background
Chinese
Irish Traveller/Gypsy

Mixed White & Asian
Mixed White & Black African
Mixed White & Black Caribbean
Any other Mixed background
White British
Any other White background
Any other group:

Formal education completed

No formal qualifications
Basic skills level 1
Basic skills level 2
GCSEs or A Levels
Vocational training
Degree or post-graduate

I am:

Ex-armed forces personnel
A care leaver

Gender

Male
Female
Transgender
Non-binary

Age

Under 16
16-17
18
19-24
25-29
30-59
60 and over

Religion

Atheist
Buddhist
Christian
Hindu
Jewish
Muslim
Sikh
Other

Registered disabled?

Yes No