

Hello from all of us at Koestler Arts!

Koestler Arts are here each week during lockdown to suggest creative tasks that can be done in-cell. All you need is paper and a pencil - though if you have further materials please use them.

You might want to keep whatever you make or share it with someone. The deadline for the 2020 Koestler Awards has now passed (7 July 2020), however, we are continuing to send out Art Aid sheets as we hope they will continue to inspire you.

If you don't feel like making anything right now, on the back of this sheet is something to look at from the Koestler back catalogue.

With best wishes from the Koestler Team.

Idea #22: Animal Kennings

A kenning poem is a bit like a riddle. It describes something without saying what it is. Each line is made up of only two words which are joined using a hyphen. For example, a kenning describing the sea is 'whale-road'.

For this task, choose an animal that you feel connected to. It could be your favourite animal or it could be an animal you could imagine being. Think of different pairs of words to describe your animal to write your own kenning poem.

You could choose to make the lines of your poem rhyme or just let the description guide you.

Here is an example by a Koestler staff member:



][((



Images: Above: Savanna HM Prison Bure Hope Commended Award for Sculpture, 2015

Right: Hound HM Prison Ford Berwick Silver Award for Painting, 2018

Below:

Piggin Out St Mary's Hospital Painting, 2019

